

PROCLAMATION

Wisconsin Community Fit Month, May 2008

A Proclamation by the President of the Wisconsin Park & Recreation Association



WHEREAS, Community Fit Month is an opportunity to educate the citizens of Wisconsin about the importance of healthy habits and regular physical activity; and

WHEREAS, during this **Community Fit Month**, we renew our commitment to helping keep our citizens physically active, and we recognize the value of incorporating exercise and sports into our daily lives; and

WHEREAS, regular physical activity and healthy diets are vital to good health and by maintaining an active lifestyle, citizens can reduce their risk of developing chronic health conditions; and

WHEREAS, participating in outdoor and indoor activities and individual or team sports helps promote physical fitness, which also teaches young people important life lessons, including teamwork, patience, and discipline; and

WHEREAS, “Community Fit” is spreading the message that a healthy Wisconsin is a state that is physically active and involved in their respective communities, and the Wisconsin Park and Recreation Association is committed to helping ensure the good health of all Wisconsinites;

NOW, THEREFORE, I, JOSEPH S. McLAFFERTY, President of the Wisconsin Park & Recreation Association, by virtue of the authority vested in me, do hereby proclaim

May 2008 as Community Fit Month

and call upon my fellow professional members and citizens to participate in community activities and make physical fitness a priority in their lives, and further encourage individuals, park and recreation agencies, schools, and communities to celebrate this month with appropriate activities and programs.

IN WITNESS WHEREOF, I have hereunto set my hand this **1st DAY OF MAY, TWO THOUSAND AND EIGHT.**

Joseph S. McLafferty

Joseph S. McLafferty, CPRP, President
Wisconsin Park & Recreation Association

Yvonne Monfils

Yvonne Monfils, CPRP, Secretary/Treasurer