COMMITTEE ON AGING  
Blended Meeting

Monday, November 9, 2020 at 9:30 AM

Minutes

Present: Debbie Bonk, Al Brixius (Chair), Curt Hall (Staff), Donna Kickland, June Kramer, Cathy Ley (ADRC), Ruth Malzahn, Ron Von Drachek

Absent: Mary Schultz, Lydia Groeschel

1. Meeting was called to order at 9:30 am by Chairman Al Brixius
2. Discussion and approval of previous meeting minutes (September 2020) with two corrections- Motion to approve the minutes by \_\_\_\_\_, seconded by \_\_\_\_. All in favor.
3. Aging and Disability Resource Center Report
   1. Loaning out tablets with deposit for 6 months at a time
   2. Holding a virtual class for caregivers
   3. Not allowing staff to gather together
   4. Our meal programs have not missed a day
4. Sr. Center COVID Operations Updates and Discussion
   1. All rooms are at 25% Capacity
      1. Has required us to start registration for more popular programs
         1. Weaving
         2. Exercise Room
      2. Having to adjust on the fly with other groups
   2. Presentation of District 3 Senior Center operations
5. Discussion of Programs, Special Events and Trips
   1. Raffle Basket, accepting donations until Nov. 13th, Selling tickets from November 23rd – December 16th
      1. Items are being placed in a space to sit prior to being used.
      2. Virtual Raffle drawing
      3. We are still accepting baskets
      4. It was stressed that the items need to be “new”
   2. Time Capsule 2020, accepting letters from December 1 – January 31st, sealed until Jan. 2026
      1. Asking people to write a letter to themselves in 5 year. Think, Reflect, Summarize where you are now and what you want yourself to know in 5 years.
   3. Exercise Room open by appointment, 1:1 coaching
      1. Open Monday, Wednesday and Friday’s
      2. Schedule for 1 hour, then the next hour it is schedule for staff to clean via fogger.
      3. Brent is available for individuals who are interested in 1:1 coaching for fitness goals, putting together a custom workout plan for as long as he is around.
   4. Winter Walking November 2nd
      1. Masks and distancing required
      2. 25% capacity
   5. Pickleball, Table Tennis, 11:00 am – 1:00 pm following winter walking Mon, Tues, Thurs.
      1. Tuesday and Thursday: Game Play
      2. Monday: Instructional
      3. Senior Center Program
         1. Members need to present ID
         2. Non- Members need to purchase a day or week program
      4. Partners
         1. You do not need to bring your own partner
         2. We sanitize equipment
            1. Telling people not to share
            2. We are not sanitizing the space/air
      5. By choice activity
   6. Donations
      1. Suggested that we identify what we specifically are taking donations for and put that in the newsletter
      2. Identify what areas and groups are lacking on donations
         1. Crafters:
            1. Flowers, Yarn
   7. The Recreation Department and the Senior Center are only providing activities that can be socially distanced and where masks can be worn.
      1. Concerns we expressed about doing too much and liability
         1. Suggestion of putting in a “At your own risk” item in the newsletter.
         2. Explanation of Recreational Immunity
      2. We are taking a conservative approach to what we are allowing
6. Discussion and possible action on Financial Report
   1. We have moved a lot of items to our POS
   2. Tabled so members have a chance to look the reports over
      1. Motion to table, Debbie, seconded by Donna. All in favor.
7. Introduction and possible action on 2021 Committee Meeting schedule
   1. It was discussed previously to meet monthly.
      1. Background: Due to COVID was hesitant to move to the monthly.
   2. Keep as presented
      1. Motion to approve by Donna, seconded by Ruth. All in favor.
8. Adjourn- Next meeting January 11, 2020
   1. Thank you Ron for setting up the meeting. Thank you Cathy and June for joining virtually.
   2. Motion by Debbie, seconded by Donna. All in favor to adjourn.