

Committee on Aging
September 13, 2021
Social Room

Present: Al Brixius (Chairperson), Wendy Hutterer (ADRC), Mary Schultz, Ruth Malzahn, Lydia Groeschel, Debbie Bonk, Ron VonDrachek, Curt Hall (Staff), Katie Dorow (Staff)

Absent: Donna Kickland

- 1. Call meeting to order**
 - (a) A. Brixius called meeting to order at 9:35 am
- 2. Discussion and possible approval of minutes of previous meeting (May. 2021)**
 - (a) Amend that Lydia Groeschel was at the May meeting
 - (b) Motioned: R. VonDrachek Second: R. Malzahn
 - (c) All In Favor
- 3. Aging & Disability and Resource Center Report**
 - (a) Introduction of the New ADRC Director, Wendy Hutterer
 - i. Past work history: With ADRC for 10 years; Started in Homecare/CAN; Social Worker at Shady Lane; Ran a licensed day care; Then worked with Special needs students; She is a Licensed therapist and runs a small practice
 - ii. Wendy is married, with two kids, they are very happy and doing well 😊
 - iii. She also attends meetings like this in Kewaunee
 - iv. ADRC Updates:
 1. Kewaunee is still doing a Senior Resource fair
 2. COVID cases are trending down by 35%
 3. Brought on two new staff members
 - a. Lauren Daun- INA Specialist in Manitowoc
 - b. Paul Hacker- Older Americans Act Program Manager (Covers both Kewaunee and Manitowoc)
 - i. Will start full time in Oct.
 4. Meal sites open Sept. 20
 5. Open enrollment for Part D and advantage plans
 - a. Appointments opened last week both in-person and virtual
 6. Aging Plan
 - a. This is a 3 year plan, set goals are due in Oct.
 - b. Finishing up final details
 7. Living Will class- starts tomorrow
 - (b) Questions:
 - i. J. Kramer asked about weekend meals
 1. W. Hutterer: Frozen meals are delivered on Friday's for individuals with high nutrition deficit needs.
 - a. If they begin to get a waitlist for meals, weekend meals may be reduced so they can reach as many people as possible
 - b. The ADRC is starting reassess who is currently getting meals
 - ii. J. Kramer asked about the donation process
 1. Previously June had suggested enclosing envelopes with the statement requesting donation. Was inquiring if that worked?
 - a. W. Hutterer- With respect to COVID, they did not see an increase. The ADRC wanted to give this more time.
 2. J. Kramer appreciates the drop box outside of the ADRC.

4. Sr. Center Covid Operations Updates and Discussion

(a) Safety Protocol and Procedures: Report out by C. Hall

- i. All restrictions were lifted in June, currently operating in normal procedures. Encouraging basic safety precautions. Not allowing food until the ADRC brings meals back.
- ii. J. Kramer Lighthouse Bus tour- who plans the trips
 1. C. Hall- C and M Presents, Sue is a contractor that we use to plan the trips
 - a. J. Kramer has concerns with Sue not communicating with the locations that this is a Senior Group
 - b. J. Kramer has concerns with the trolley ride, as there was a large step that was difficult for seniors to get in and out of.
 - c. K. Dorow- Concerns with trips have already been addressed with the contractor, if there are further issues regarding trips please let staff know immediately.
 2. J. Kramer- Concerns with prices of trips, would like to see another trip to Door County, trying to keep trips in a certain price range, provide a menu for lunches.
 - a. A. Brixius- Prices everywhere are increasing: tickets, fuel, rentals
 3. R. Malzahn- Requests an Amish Trip. A trip with a Step on Guide. In the past there was a Step on Guide from Oneida that took them around the reservation. Requests Mystery trips be brought back.

(b) Current Programs and Schedule updates

i. Weaving discussion

1. C. Hall- Two-year waiting list for this program
 - a. R. Malzahn- Two month process to get a new student through, can only take one at a time.
 - b. W. Hutterer- Mentorship program
 - i. R. Malzahn- concerns with incorrect information being given
 - c. A. Brixius- Priority should be instructional, getting people into the center
 - d. M. Schultz- Concerns with succession planning
 - i. A. Brixius- Requests ad for instructors to be places in Periscope
 - e. C. Hall interest is not being addressed. Rotation?
2. J. Kramer- Fee for program should increase
3. R. Malzahn- Loom in need or repair

ii. Fitness programs: Report out by C. Hall

1. Strong Bodies- Partnership with UW Extension (funded by FoodWise Grant).
2. Trouble finding instructors
 - a. Questions:
 - i. How come some instructors are paid and some are not?
 1. Some programs are Rec Programs those are usually the ones associated with a fee. Volunteer instructed courses usually have a smaller fee.
 - ii. What happened to Cardio Drumming
 1. We offered it for a while, currently looking for someone to take it over.

iii. Computer programs

1. Reference of notes from 2019 about creating a computer lab and adding more computers for members.
 - a. Computers that we currently have are not utilized enough to warrant this
 - b. Creating programming surrounding computer classes
 - i. Ron runs an educational program on a one – on – one basis.

(c) Congregate meals?

- i. September 20th congregate meals will resume, groups will be able to bring treats in again at this time.

(d) Questions, Comments and Concerns- None

- 5. Sr. Center Events and Trips discussion**
 - (a) Monthly trips planned for September-December**
 - i. See Safety, Protocols, and Procedures
 - (b) Holiday Fair “event” update: Report out by Curt Hall**
 - i. Meeting scheduled for this afternoon
 - ii. R. Malzahn suggests keeping the same date
 - iii. No Entertainment
 - (c) Christmas/Holiday Party? Open discussion**
 - i. Nice to have with entertainment and a meal
 - 1. Catered in meal
 - ii. Do not recommend having a White Elephant exchange
 - iii. Recommendation of bringing back event committee
 - iv. Admission was charged, center helped with costs
- 6. Financial Report: Report out by Curt Hall**
 - (a) We have seen a rise in memberships
- 7. Adjourn – Next meeting November 8, 2021**
 - (a) D. Bonk Meeting in January
 - (b) J. Kramer Request to meet monthly
 - (c) 2022 calendar for next agenda
 - i. Add a July meeting
 - (d) Motion by D. Bonk, Second by R. Malzahn
 - (e) Meeting Adjourned at 11:27 pm