

PUBLIC NOTICE OF A MEETING OF THE COMMITTEE on AGING OF THE CITY OF MANITOWOC

COA Meeting Minutes March 13, 2023

Classroom
Manitowoc Senior Center

Present: A Brixius (Chair), D Bonk (Co- Chair), J Hudon, R Malzahn, R VonDrachek, L Kalista, C Hall (Staff),
M Michels (Staff)

Absent: J. Kramer, M. Schultz, W. Hutterer (ADRC)

1. Meeting called to order at 1:30 pm by A. Brixius
2. Pledge of Allegiance
3. Discussion and approval of minutes of previous meeting (January 2023)
 - (a) Motion to approve: L Kalista
 - (b) Second: R VonDrachek
 - (c) All in favor
4. Public Input
 - (a) none
5. Chair Person's Report
 - (a) Thank you to staff and volunteers for organizing all of the storage areas and for the updates to the lobby area
 - (b) Acknowledged the thank you in the newsletter to Curt and COA for implementing the purchase of chairs with arms for the Social Room.
 - (c) A Brixius is not opposed to a volunteer dinner, rather he is opposed to the current funding structure for this event.
 - (d) Comment Box
 - i. Live yoga instructor
 1. Staff is continually looking for exercise instructors
6. Aging & Disability and Resource Center Report
 - (a) May 9th, 2023: Aging Advocacy Days in Madison The ADRC has secured a school bus to take us from the Manitowoc Office Location. Transportation arrangements can be secured for those who need a ride to the Manitowoc office from Kewaunee. Please contact Wendy Hutterer if you would like to attend and sign up. I can provide the registration information if needed. Otherwise, gwaar.org has the Advocacy Link and the information for this event in Madison on their website.
 - (b) New Nutrition Coordinator: Emily Siemers Start date was February 27th
 - (c) Memory Cafes: 1st Wednesday of the month Manitowoc Library 10 am An opportunity to socialize and enjoy planned activities for the Caregiver and the individual being cared for with early stage dementia
 - (d) Early Stage Dementia Support Group is the 1st Tuesday of the month at 10AM at the ADRC of the Lakeshore 1701 Michigan Avenue. This group is for Caregiver and Care Recipients with Dementia. Caregivers and Care Recipients each have their own group to meet with at the same time
 - (e) Caregiver Support Group: Both Virtual and IN person options. 3rd Thursday of the month, 10 am ADRC of the Lakesore 1701 Michigan Avenue
 - (f) Provided 2023 Prevention Programs flyer (attached)
7. Sr. Center Staff Report
 - (a) Current Programs and Schedule updates
 - i. Trips
 1. March 23, 2023
 - a. Exploring the Lakeshore
 - b. 30 participants
 - ii. Fundraiser
 1. Health Fair May 10, 2023
 - a. Vendor Booths Fee

- (a) L Kalista noted that the new shades at the CP Rec Center may still be to light for Pickleball
 - i. C Hall noted that this was by recommendation from LBI
 - ii. \$2500 out of the rec programs accounts was used for these
 - (b) J Hudon noted that the weavers need a new sewing machine
 - i. None of the ones at the senior center work
 - 1. A Brixius suggested putting a request in the newsletter for a donation of a sewing maching in good working order
 - 2. M Michels suggested we put anything that doesn't work in the rummage sale for parts or throw them away
11. Adjourn
- (a) Motion to adjourn: D Bonk
 - (b) Second: R Malzahn
 - (c) All in favor
 - i. Meeting adjourned at 2:38 pm
12. Next meeting May 8, 2023 at 1:30 pm

If you need accommodations for this meeting, please notify the City Clerk's office at least 48 hours in advance of the meeting (or as soon as possible after the meeting is posted, if posted less than 48 hours prior to the meeting time) at 686-6950, or TDD 686-6552.

Dated this 18th day of April, 2023

Curt Hall
Park, Recreation & Sr. Center Division Manager

E-MAIL:
Clerk's Office
Mayor's Office
City Managers
Committee Members